



SPATIAL-TEMPORAL DISTRIBUTION OF POLYCHAETA IN URBANIZED SANDY BEACHES OF NORTHEASTERN BRAZIL: TOOLS FOR ENVIRONMENTAL ASSESSMENT

Marcos Eduardo Miranda Santos^{1*}, Cláudia Costa e Silva² & Andrea Christina Gomes de Azevedo-Cutrim³

¹ Universidade Federal do Rio Grande, Institute for Mathematics, Statistics and Physics, Postgraduate Program in Environmetrics, PO box 474, Av. Itália, CEP: 96203-900, Rio Grande, RS, Brazil.

² Universidade Estadual do Maranhão, Cidade Universitária Paulo VI, PO box 09, Av. Lourenço Vieira da Silva, CEP: 65.055-310, São Luís, MA, Brazil.

³ Universidade Estadual do Maranhão, Department of Biology, Postgraduate Program in Aquatic Resources and Fisheries, Laboratory of Plant and Marine Biology, Cidade Universitária Paulo VI, PO box 09, Av. Lourenço Vieira da Silva, CEP: 65.055-310, São Luís, MA, Brazil.

E-mails: markoseduardo2008@hotmail.com (*corresponding author); naturaclaudiacostaesilva@gmail.com; andreacgazevedo@uol.com.br.

Abstract: In the last years, the use of Polychaeta as indicators of marine pollution has intensified, due to the sensitivity of these organisms to environmental variations and their significant presence in quantitative and qualitative terms when compared to other benthic fauna organisms. We aimed to analyze the Polychaeta assemblage of two urbanized beaches in São Luís – Maranhão (Brazil), focusing on spatial-temporal distribution and look for the relation of the species sampled and possible contamination to indicate if they are suitable for environmental assessment. Sediment collection was carried out in the intertidal zone of both beaches in dry (September and November/2015) and rainy periods (March and May/2016). The samples were screened for extraction of the species, which were classified at the lowest possible taxonomic level. The samples revealed the following taxa: Lumbrineridae (*Scoletoma tetraura*), Nereididae (*Laeonereis culveri*) and Spionidae (*Scolelepis* sp.). The diversity and abundance of Polychaeta were greater on Caolho Beach. On these beaches, organic enrichment is not the determining variable in the structure of the Polychaeta assembly. Other studies are needed to improve the knowledge on other macrofauna species of the studied areas, comparing the richness among microhabitats and seasons, and thus elaborate conservation strategies for these ecosystems; and to test the hypothesis of the influence of tourism on this assemblage.

Keywords: benthos; bioindicators; marine pollution.

INTRODUCTION

Environmental changes of anthropic origin can have significant effects on the biodiversity and functioning of beaches (Veloso *et al.* 2008). Benthic organisms besides being dominant in

these environments are sensitive to disturbances and, therefore, are useful tools for monitoring the state of conservation of those areas (Veloso *et al.* 1997, Yong & Lim 2009). Because of the relatively low mobility, they are representative of the area in which they are collected (Queirós *et*

al. 2013). These organisms have a relatively short life cycle, are closely associated with sediments, have high biological diversity, and are important components of aquatic ecosystems (Schratzberger & Ingels 2018).

In the last years, the number of studies using benthic communities for environmental assessments have increased (Amaral *et al.* 1998, Gesteira & Dauvin 2000, Blankensteyn 2006, Mangion *et al.* 2017, Bonanno & Orlando-Bonaca 2018, Santos & Ferreira 2019). Aside from the sensitivity to environmental disturbances, the use of Polychaeta as indicators of marine pollution has intensified, due to their significant presence in quantitative (e.g. abundance) and qualitative terms (e.g. functional traits), when compared to other benthic fauna organisms, like crustaceans (Amaral *et al.* 1998, Feres *et al.* 2008). Besides, the collection can be made using low-cost tools, not requiring very sophisticated technical instruments (Maia *et al.* 2001).

Some Polychaeta species are highly tolerant to pollution and low oxygen stress, such as presented during the organic enrichment process (Reish 1986, Amaral *et al.* 1998, Elias *et al.* 2004, 2005, Dean 2008). Besides, they present physiological and behavioral adaptations to benefit from the increased food supply and reduced competition (Rocha *et al.* 2013), as the ability to feed on deposits (Fauchald & Jumars 1979). Other species, however, do not tolerate the hypoxic and/or anoxic conditions created by the enhanced decomposition activity, generated by the increased organic input, or the high concentrations of hydrogen sulfide produced by anaerobic bacterial activity (Amaral *et al.* 1998). So, assessing the structure of the Polychaeta assemblage and its spatio-temporal patterns are important for monitoring the environmental quality of coastal ecosystems.

Sandy beaches have been suffering increasing modifications and degradation due to the disorderly occupation of coastal areas and tourism. In Brazil, in particular, there is no adequate environmental planning, and besides the intense real estate speculation in coastal regions, investments in infrastructure for basic sanitation are scarce (Oliveira & Nicolodi 2012, Scherer 2013, Klumb-Oliveira & Souto 2015, Obraczka *et al.* 2017, Seixas *et al.* 2018). Coastal

management in Brazil is still incipient and concentrates, in the vast majority of cases, on the implementation of protected areas devoid of participatory management, especially in the south and southeast regions of the country (Seixas *et al.* 2018). The localization of beaches is also important, because dilution factors in coves and bays are much lower than those observed in open coastal regions. The decrease in water renewal rates in these regions favors the concentration of pollutants, thus limiting the dilution capacity of the receiving environment (Amaral *et al.* 1998, Feres *et al.* 2008, Fistarol *et al.* 2015).

On the coast of São Luís municipality (Maranhão) the water quality is compromised, as there are no adequate sewage collection and treatment systems. Marine waters receive domestic and industrial organic effluents unduly discharged into rivers and streams, transporting them to the sea (Santos *et al.* 2005). Considering the importance of benthic fauna for the biomonitoring of marine environments and for coastal management, this study evaluated the Polychaeta assembly on two urbanized beaches, with research focused on space-time distribution, effect of environmental variability on the assembly (including organic content as a proxy for nutrient load), and individual taxon.

MATERIAL AND METHODS

Study Area

The Island of São Luís (02°23'00"; 02°47'00" S and 44°00'29"; 44°24'29" W), located in the center of the Golfão Maranhense and north coast of the state of Maranhão, Northeast Brazil (Figure 1), includes an area of 1.453 km²; separates the bays of São José to the east (which receives the Itapecuru and Munim rivers) and São Marcos to the west (which receives the Mearim, Pindaré and Grajaú rivers) (Rios 2001). São Marcos (02°29'01" S; 44°16'74" W) and Caolho beaches (02°29'03" S; 44°15'11" W) were selected on Island of São Luís, located in the northern coastal area of the city of São Luis and are about 6.7 km away from each other (Figure 1). In both beaches there are tides of the semidiurnal type; with an average amplitude of 4.6 m, reaching the climax of 7 m during spring tides. These are dissipative beaches with an intertidal width of 300 m.

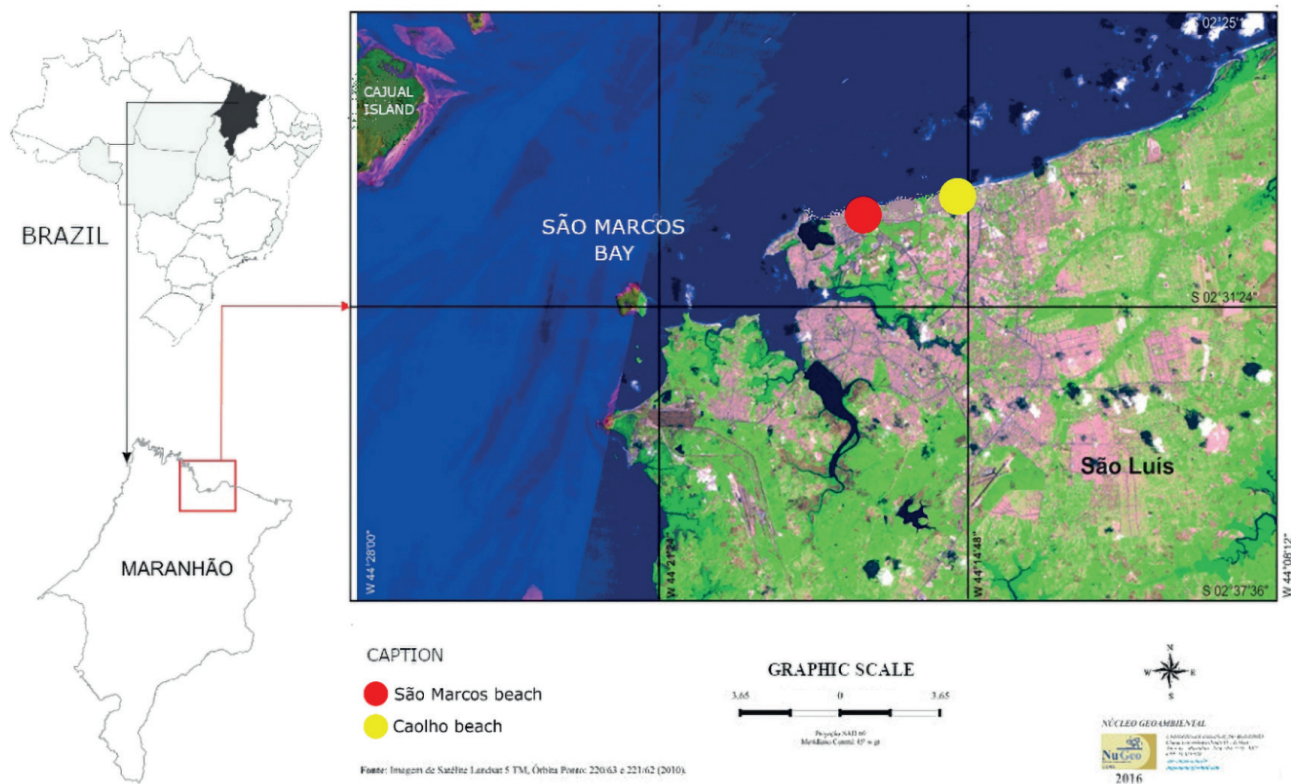


Figure 1. Study area: São Marcos and Caolho beaches, São Luís, Maranhão state, Northeast Brazil.

The two beaches are urbanized and located in areas without basic sanitation programs, thus subject to contamination due to domestic and industrial effluents. Solid waste is disposed of near the beach huts, and effluent from houses and pubs and are continuously dumped on the shore (Masullo 2016, Maranhão 2020). Still, they are tourist points of great importance for the capital of Maranhão (Costa 2017).

Data collection

The collections were made in the intertidal area of each beach during September and November 2015 (dry season) and March and May 2016 (rainy season), during the low spring tides, according to the Tide Table (DHN 2015, 2016). To obtain the samples, three zones (50 m away) perpendicular to the beach line were delimited: A (upper mesolittoral), B (intermediate mesolittoral) and C (lower mesolittoral). In each zone, three samples of sediment (10 m distance) were collected using a PVC collecting cylinder (10 cm diameter × 20 cm depth), totaling nine samples per beach.

Temperature, salinity, and pH of the interstitial water were measured *in situ*, with a HANNA HI-9828 multiparameter probe, from one randomly chosen replicate per zone during the four months

of sampling in each beach. One sediment sample, for particle size and organic matter content analysis, was collected per zone in each beach and month of sampling and analyzed at the Laboratory for Geological Oceanography Studies, Federal University of Maranhão (LEOG/UFMA) according to Walkley and Black (1934) and Suguio (1973).

The samples for biological data analysis were screened in the field with a 0.5 mm diameter per pore sieve; the organisms found were packed in plastic jars, labeled, anesthetized with 7 % magnesium chloride, fixed in a 4 % formaldehyde solution, and transferred to 70 % alcohol to be preserved. In the Plant and Marine Biology Laboratory of the State University of Maranhão (UEMA), all the collected Polychaeta were observed on a stereomicroscope and identified to the lowest taxonomic level possible. For the identifications, specialized literature was adopted (Fauchald 1977, Uebelacker & Johnson 1984, Amaral & Nonato 1996). The collected material was deposited in the biological collection of the above-mentioned laboratory. The collections were authorized by the Authorization and Information in Biodiversity System (SISBio/ICMBio), license number 23716/2015.

Data analysis

The data were tested for normality, using the Shapiro-Wilk test, and for homoscedasticity, using the Levene's test, to check validity of the assumptions for parametric tests, which were met. The environmental variables of interstitial water were statistically compared by Two-way Analysis of Variance, considering additive and interaction effects of season (dry and rainy) and local (Caolho and São Marcos beaches). The assemblage structure was statistically compared by Two-way PERMANOVA (beaches and seasonal periods), considering the total density values (ind/m²) of the organisms. The probability value of PERMANOVA was obtained through the Monte Carlo randomization method, based on 9,999 permutations. To analyze the influence of environmental variables on the occurrence and distribution of Polychaeta, the Canonical Correspondence Analysis (CCA) was performed with the same number of replicates for environmental (interstitial and sedimentary) and biological samples. Environmental variables whose values were equal to zero or almost zero were discarded. The data used were log-transformed (x+1).

The univariate and multivariate analyses mentioned above were performed as proposed by Clarke and Ainsworth (1993), Clarke and Warwick (1994) and Anderson *et al.* (2008). Paleontological Statistics Software Package for Education and Data Analysis (PAST v.4.02, Hammer *et al.* 2020) and Plymouth Routines in Multivariate Ecological Research (PRIMER v.6, Clarke *et al.* 2014) were used to perform the statistical analysis.

RESULTS

Environmental variables

During the four months of collection, salinity varied from 22 to 34 ($= 29.75 \pm 5.43$); temperature varied from 27 to 32 °C ($= 29.25 \text{ °C} \pm 2.21$) and pH varied from 7.45 to 8.85 ($= 8.22 \pm 0.62$) (Figure 2). There was no significant variation in any of the environmental variables between beaches, seasons, or in the interaction between factors (Table 1). The substrate was predominantly characterized as fine sand with high organic matter content (Table 2).

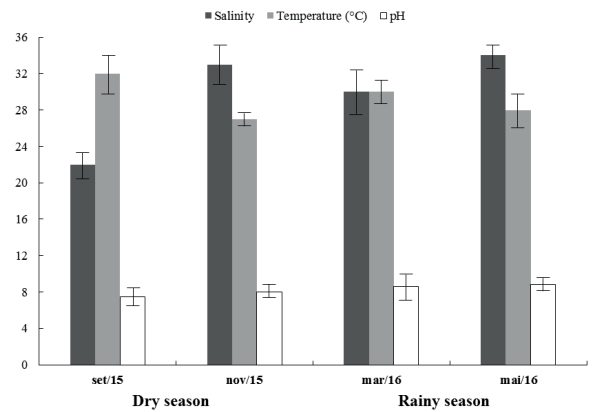


Figure 2. Average and standard deviations of interstitial water variables during the dry and rainy periods, at São Luís - MA beaches.

Biological data

During the study period, 91 individuals were sampled, 38 in the dry season and 53 in the rainy season. A total of 24 specimens, all belonging to the same species (Nereididae – *Laeonereis culveri* Webster 1879) were collected at São Marcos Beach. At Caolho Beach, 67 specimens were collected, distributed in three different families, each one with a single species (Lumbrineridae – *Scoletema tetraura* Schmarda 1861; Nereididae – *L. culveri*; Spionidae – *Scoelepis* sp.). In both beaches, only the upper mesolittoral (Zona A) presented Polychaeta (Table 3). PERMANOVA showed significant variation only in composition between beaches (Table 4).

In the Canonical Correspondence Analysis, the Axis 1 explained almost 22.7 % of the variation due to the predominance of the fraction of fine sand, which created a strong gradient in the axis. *Scoelepis* sp. had greater relation with organic matter and negative association with temperature. *S. tetraura* was positively related with pH, salinity and medium sand in Caolho beach, while *L. culveri* was positively related with fine sand and temperature and negatively with salinity (in both beaches) and organic matter (Figure 3).

DISCUSSION

The results point localizations with high organic matter content and low density and richness of lumbrinerid, nereidid, and spionid Polychaeta, comparing with other beaches in the region (Coelho-Costa 2007, Feres *et al.* 2008, Cutrim 2017, Tavares-Cutrim *et al.* 2018). The degree of sediment

Table 1. Analysis of variance (ANOVA) Two-way results for interstitial water variables sampled between locations (Caolho and São Marcos beaches) and seasons (dry and rainy season).

Source	df	Salinity			Temperature			pH		
		Ms	F	p	Ms	F	p	Ms	F	p
Beaches	1	2	0.1	0.76	2	0.38	0.57	0.005	0.04	0.83
Seasons	1	32	1.7	0.26	0.5	0.09	0.77	0.29	2.49	0.18
Interaction	1	0.5	0.02	0.87	2	0.38	0.57	0.01	0.14	0.72
Residual	4	18.75			5.25			0.11		
Total	7									

Table 2. Granulometry classification of the Caolho and São Marcos beaches during the dry and rainy seasons, based on Wentworth (1992) classification and in the degree of selection from Folk and Ward (1957).

	Caolho Beach		São Marcos Beach	
	Dry season	Rainy season	Dry season	Rainy season
Sediment	Fine sand	Fine sand	Fine sand	Fine sand
Selection	Well-selected	Well-selected	Moderately selected	Well-selected
Fine sand (%)	90.42	96.29	95.05	92.92
Medium sand (%)	6.8	3.14	4.7	6.76
Coarse sand (%)	0.98	0	0.25	0.32
Clay (%)	0	0	0	0
Silt (%)	1.8	0.57	0	0
Organic matter (%)	28	30	33	32

selection is an important factor in the abundance and distribution of benthic organisms. At our sampling sites, the sediment was classified as moderately to well-selected (more homogeneous), which may influence the structure of the local Polychaeta assemblage, since poor or very poor selected sediments harbor a greater diversity of species, the increase in heterogeneity is probably caused by the creation of several microhabitats (Omena & Amaral 1997, Capitoli & Bemvenuti 2004, Zalmon *et al.* 2013). Moreover, the low sampling effort, when compared to the studies mentioned above, may have influenced the low values of density and richness.

The high percentages of organic matter in Caolho and São Marcos beaches are strongly related to the organic enrichment, probably as a result of the expressive urbanization in São Luís shore, the non-existence of basic sanitation and deficient seawater quality. The low quality of water is shown by the presence of unsuitable points for bathing since 2015, when the State Secretary of Environment started monitoring the beaches of São Luís (Maranhão 2020). This enrichment process has already been reported for São Marcos beach (Masullo 2016, Silva *et al.* 2009, 2013, Trindade *et al.* 2011) and has also been observed in other beaches of São Luís (Feres *et al.* 2008, Silva

Table 3. Absolute abundance (Ab.Ab.), relative abundance (Ab.Rel.), abundance in the dry season (Ab.Ds.) and abundance in the rainy season (Ab.Rs.) of Polychaeta species sampled at São Marcos and Caolho beaches, São Luís – MA.

	Family	Species	Ab.Ab.	Ab.Rel.(%)	Ab.Ds.	Ab.Rs.
São Marcos Beach	Nereididae	<i>Laonereis culveri</i>	24	26.37	9	15
	Lumbrineridae	<i>Scoletoma tetraura</i>	16	17.58	11	5
Caolho Beach	Nereididae	<i>Laonereis culveri</i>	48	52.74	18	30
	Spionidae	<i>Scolelepis</i> sp.	3	3.29	0	3

Table 4. PERMANOVA results for differences in Polychaeta assemblage structure between locations (Caolho and São Marcos beaches) and stations (dry and rainy season). Significant values in bold.

Source	df	Mean square	Pseudo-F	p-value
Beaches	1	0.22	0.85	0.04
Seasons	1	0.03	0.14	0.87
Interaction	1	0.02	0.08	0.95
Residual	20	0.27		
Total	23			

et al. 2008, Serra & Farias Filho 2019, Rodrigues *et al.* 2020).

Besides the anthropic contribution of organic matter, the fact that those beaches are close to estuarine environments, with the presence of mangroves on their edges, stands out. This type of environment carries fine and particulate material, rich in organic matter, to the interstitial system, which, in very high quantities, may lead to an enrichment process, that can harm the fauna due to the oxygen depletion (Gray & Pearson 1982, Rosenberg *et al.* 1992). Rainer and Fitzhardinge (1981) found that low oxygen levels are one of the most important factors in limiting species in sites with extreme conditions when compared with other factors such as temperatures and salinities. Periods of oxygen deficiency can negatively affect the abundance, distribution, and biomass of species in many coastal environments (Rosenberg & Loo 1988, Desprez *et al.* 1992).

The species *L. culveri* was correlated positively with temperature and negatively with salinity and organic matter. The wide distribution of this organism is related to high tolerance to temperature and salinity variations, being abundant in environments with wide salinity ranges (Pettibone 1971). Using the organic matter content as proxy of enrichment, the CCA shows a negative correlation between *L. culveri* and this variable. This implies that the increase in organic matter is limiting the growth of the population of this species, which would not be expected from an indicator of contamination.

The results observed for *L. culveri* differ from those found in other studies with this species. High population densities of Nereididae individuals were observed by Amaral *et al.* (1998) on beaches from São Paulo with different degrees of organic pollution, mainly on beaches classified by the Companhia Ambiental do Estado de São Paulo

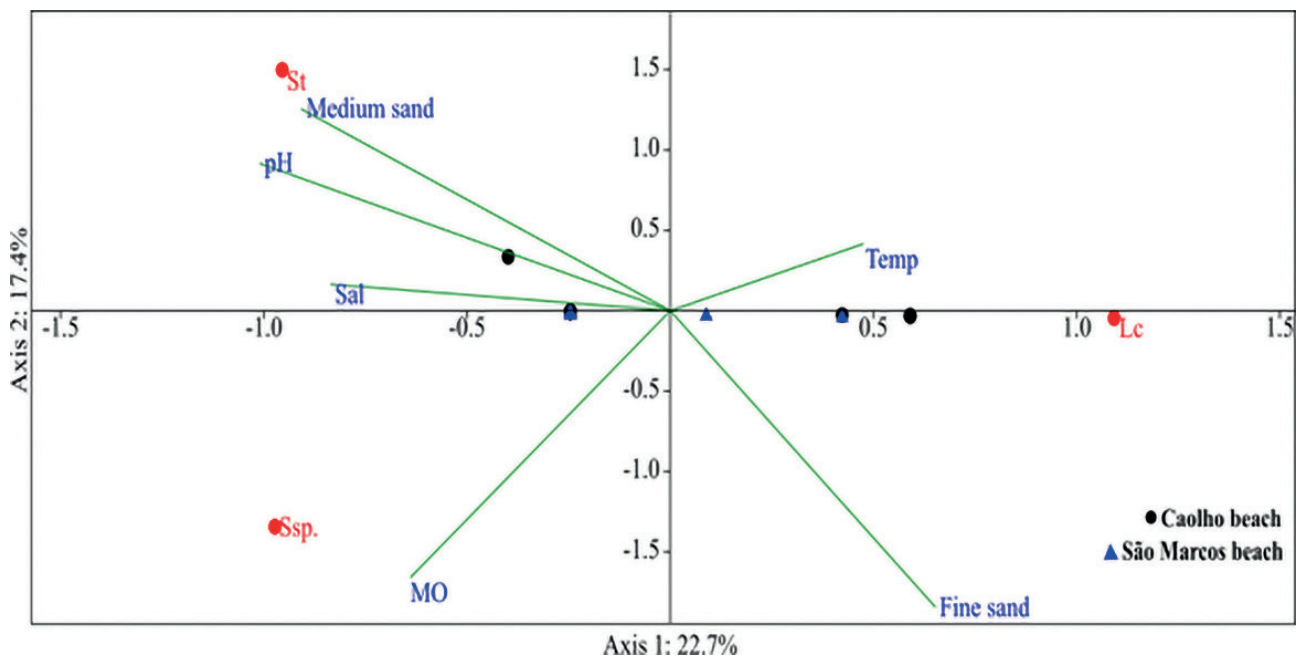


Figure 3. Canonical Correspondence Analysis between environmental variables, rate density and sampled beaches. St – *Scoletoma tetraura*; Lc – *Laeonereis culveri*; Ssp. – *Scolelepis sp.*; Sal – Salinity; Temp – Temperature; MO – Organic matter.

(CETESB) as inappropriate (São Paulo, 2020). Feres *et al.* (2008), studying Polychaeta families as bioindicators of organic pollution in Ponta d'Areia and Araçagy beaches, both in São Luís, verified that the Nereididae family was the most abundant species at the assemblage. However, in the studies cited, the authors could not identify all the taxa at the species level.

The genus *Scolelepis* is composed of deposit-feeding species (Fauchaud & Jumars 1979, Jumars *et al.* 2015), which are associated with organically enriched sites unsuitable for bathing (Amaral *et al.* 1998, Vieira *et al.* 2012), and with many species that occur in beach environments (Bolívar & Lana 1986, Santos *et al.* 2009). Pearson and Rosenberg (1978) revealed, in studies about the distribution of benthic macrofauna, according to organic enrichment gradients (different levels of pollution) that, the high occurrence of Spionidae species, with emphasis on the genus *Scolelepis*, has benefited due to this pollution, by the increasing availability of nutrients. But this was not observed in this study. Although the CCA has shown a positive correlation between *Scolelepis* sp. and organic matter, the total abundance of this species (three individuals) is very low for a pollution indicator. Likely, the low abundance of this taxon at Caolho beach and the absence at São Marcos beach are related to the trampling by visitors (Machado *et al.* 2017), which is even more intense at the latter beach. However, further studies are needed to confirm this.

The species *S. tetraura* (formerly called *Lumbrineris tetraura*) can be found in several types of substrates: sand, muddy, broken shells, gravel, and mixed bottoms, between zoster and algae, in rocky puddles, in *Laminaria* seaweed supports and oyster beds, from the intertidal zone to abyssal depths, being typical of circumtropical regions, in warm temperate and tropical waters (Camargo & Lana 1995). Many species belonging to Lumbrineridae family are associated with resistance to pollution, like domestic wastewater (Del Pilar Ruso *et al.* 2008). For example, it was detected that Polychaeta from the genus *Lumbrineris* are resistant to pollution (Gray *et al.* 1990), and oil contamination (Raz-Guzmán, 2000). This could explain why, in this study, a clear correlation between *S. tetraura* and organic matter was not observed.

Polychaeta occurred only in upper mesolittoral, where the traffic of vehicles is less (and consequently the sediment is less compacted) compared to others (Serra & Farias Filho 2019). The sediment compaction causes a decline in the benthic communities infaunal, due to the decrease in the size of pores, which in turn, decreases the humidity and oxygen supply (Santos & Ferreira 2019). Temporally, there was greater abundance in the rainy season. The benthic macrofauna of beaches, in general, presents high densities in this period, when the risk or desiccation decreases due to the more frequent precipitations (Viana *et al.* 2005).

In the present study, the low diversity and abundance of Polychaeta seems to be associated with other factors than organic enrichment. As these beaches are urbanized, low abundance and diversity can be related to the trampling and other tourism related impacts rather than organic enrichment. Among the impacts of tourism that affect the benthic macrofauna and that occur on these beaches: alteration of the natural landscape, increase of waste volume produced, removal of debris of natural or anthropic origin, naturally deposited by the tide in the supralittoral portion (which can reduce the amount of organic matter, macrofauna biomass, microbial production and alter water quality), and trampling, due to the high density of people on the beaches (Santos & Ferreira 2019, Silva Reis & Santos 2020).

Macrofauna studies on these beaches are still incipient, and this is one of the few researches done so far. For this reason, more studies are needed to improve the knowledge of other groups of benthic macrofauna at the studied areas, comparing the richness between the several microhabitats and the seasonality, and so elaborate conservation strategies for these ecosystems; in addition to further studies investigating the effects of the other impacts cited (e.g. trampling). Therefore, we conclude that, the real urbanization effect is the change in composition and abundance of species, rather than an enrichment effect. It is emphasized that the impact of tourism was not tested in this paper, and is only a hypothesis to be tested further, in future studies.

REFERENCES

- Amaral, A. C. Z., & Nonato, E. F. 1996. Anelídeos poliquetos da costa brasileira: características e chave para famílias; glossário. 2nd. ed. Brasília, CNPq/Coordenação Editorial, p. 124.
- Amaral, A. C., Morgado, E. H., & Salvador, L. B. 1998. Poliquetas bioindicadores de poluição orgânica em praias paulistas. *Revista Brasileira de Biologia*, 58(2), 307–316.
- Anderson, M. J., Gorley, R. N., & Clarke, K. R. 2008. PERMANOVA + for PRIMER: guide to software and statistical methods. Plymouth: PRIMER-E.
- Blankensteyn, A. 2006. O uso do caranguejo maria-farinha *Ocypode quadrata* (Fabricius) (Crustacea, Ocypodidae) como indicador de impactos antropogênicos em praias arenosas da Ilha de Santa Catarina, Santa Catarina, Brasil. *Revista Brasileira de Zoologia*, 23(3):870–876. DOI: 10.1590/S0101-81752006000300034
- Bolívar, G. T. A., & Lana, P. C. 1986. Spionidae (Annelida: Polychaeta) do litoral do Estado do Paraná. *Neritica*, 1(3), 107–148.
- Bonanno, G., & Orlando-Bonaca, M. 2018. Perspectives on using marine species as bioindicators of plastic pollution. *Marine Pollution Bulletin*, 137, 209–221. DOI: 10.1016/j.marpolbul.2018.10.018
- Camargo, M. G., & Lana, P. C. 1995. Lumbrineridae (Polychaeta: Eunicemorpha) da costa sul e sudeste do Brasil. II. *Lumbrineris*. *Iheringia, Série Zoologia*, 79, 93–120.
- Capitoli, R. R., & Bemvenuti, C. E. 2004. Distribuição batimétrica e variações de diversidade dos macroinvertebrados bentônicos da plataforma continental e talude superior no extremo sul do Brasil. *Atlântica*, 26(1), 27–43.
- Clarke, K. R., & Ainsworth, M. 1993. A method of linking multivariate community structure to environmental variables. *Marine Ecology-Progress Series*, 92, 205–219.
- Clarke, K. R., & Warwick, R. M. 1994. Changes in marine communities: an approach to statistical analysis and interpretation. Plymouth. NERC. p. 187.
- Clarke, K. R., Gorley, R. N., Somerfield, P. J., & Warwick, R. M. 2014. Change in marine communities: an approach to statistical analysis and interpretation (3^o ed.). Plymouth, England: PRIMER-E.
- Coelho-Costa, C. M. 2007. Distribuição espacial e temporal dos macrozoobentos de habitats entre-marés do canal da Raposa, Baía de São Marcos, Maranhão, Brasil. Master thesis. Departamento de Biologia da Universidade Federal do Maranhão.
- Costa, C. R. R. 2017. Planejamento e Expansão do Turismo no Litoral do Maranhão. *Conexões-Ciência e Tecnologia*, 11(5), 54–65. DOI: 10.21439/conexoes.v11i5.1290
- Costa, D. A., Silva, F. A., Silva, J. M. L., Pereira, A. R., Dolbeth, M., Christoffersen, M. L., & Lucena, R. F. P. 2019. Is tourism affecting polychaete assemblages associated with rhodolith beds in Northeastern Brazil? *Revista de Biología Tropical*, 67(S5) Supplement, 1–15. DOI: 10.15517 / RBT.V67IS5.38922
- Cutrim, A. S. T. 2017. Composição e distribuição da macrofauna bêntica da região entremarés da Raposa, Maranhão, Brasil. Master thesis. Departamento de Biologia da Universidade Estadual do Maranhão.
- Dean, H. K. 2008. The use of polychaetes (Annelida) as indicator species of marine pollution: a review. *Revista de Biología Tropical*, 5(4), 11–38.
- Defeo, O. & Mclachlan, A. 2005. Patterns, processes and regulatory mechanisms in sandy beach macrofauna: a multi-scale analysis. *Marine Ecology Progress Series*, 295, 1–20. DOI: 10.3354 / meps295001
- Del Pilar Ruso, Y., de la Ossa Carretero, J. A., Loya-Fernández, A., Ferrero-Vicente, I. M., Gimenez-Casaldueiro, F. A. & Sánchez-Lizaso, J. L. 2008. Efecto del vertido de aguas residuales en el poblamiento de poliquetos en San Pedro del Pinatar. *Actas del Cuarto Congreso de la Naturaleza de la Región de Murcia y I Sureste Ibérico*, 345–354.
- Desprez, M., Rybarczyk, H., Wilson, J. G., Ducrotoy, J. P., Sueur, F., Olivesi, R., & Elkaim, B. 1992. Biological impact of eutrophication in the Bay of Somme and the induction and impact of anoxia. *Netherlands Journal of Sea Research*, 30, 149–159. DOI: 10.1016/0077-7579(92)90054-i
- DHN, Diretoria de Hidrografia e Navegação da Marinha do Brasil. 2015. Previsão de marés. Informação. Retrieved from <http://www.mar.mil.br/dhn/chm/boxprevisao-mare/tabuas/index.htm>. Accessed: 19 mar 2015.
- DHN, Diretoria de Hidrografia e Navegação da

- Marinha do Brasil. 2016. Previsão de marés. Informação. 2016. Retrieved from <http://www.mar.mil.br/dhn/chm/boxprevisao-mare/tabuas/index.htm>. Accessed: 19 mar 2016.
- Elias, R., Vallarino, E. A., Scagliola, M., & Isla, F. I. 2004. Macrobenthic distribution patterns at a sewage disposal site in the inner shelf off Mar del Plata (SW Atlantic). *Journal of Coastal Research*, Fort Lauderdale, 20, 1176–1182. DOI: 10.2112/03-0020R.1
- Elias, R., Palacios, J. R., Rivero, M. S., & Vallarino, E. A. 2005. Short-term responses to sewage discharge and storms of subtidal sand-bottom macrozoobenthic assemblages off Mar del Plata City, Argentina (SW Atlantic). *Journal of Sea Research*, Den Burg, 53, 231–242. DOI: 10.1016/j.seares.2004.08.001
- Fauchald, K. 1977. The polychaetes worms: definitions and Keys to the orders, families and genera. Los Angeles: Natural History Museum of Los Angeles/ University of Southern California/Allan Hancock Foundation, p. 190.
- Fauchald, K., & Jumars, R. A. 1979. The diet of worms: a study of polychaete feeding guilds. *Oceanography and Marine Biology Annual Review*, 17, 193–284.
- Feres, S. J. C., Santos, L. A., & Tagori-Martins, R. M. C. 2008. Família Nereidae (Polychaeta) como bioindicadora de poluição orgânica em praias de São Luís, Maranhão Brasil. *Boletim do Laboratório de Hidrobiologia*, 21, 95–98.
- Fistarol, G. O., Coutinho, F. H., Moreira, A. P., Venas, T., Cánovas, A., de Paula, S. E., Jr, Coutinho, R., de Moura, R. L., Valentin, J. L., Tenenbaum, D. R., Paranhos, R., do Valle, R., Vicente, A. C., Amado Filho, G. M., Pereira, R. C., Kruger, R., Rezende, C. E., Thompson, C. C., Salomon, P. S., & Thompson, F. L. 2015. Environmental and Sanitary Conditions of Guanabara Bay, Rio de Janeiro. *Frontiers in Microbiology*, 6, 1232. DOI: 10.3389/fmicb.2015.01232
- Folk, R. L., & Ward, W. C. 1957. Brazos River bar [Texas]; a study in the significance of grain size parameters. *Journal of Sedimentary Research*, 27(1), 3–26. DOI: 10.1306/74D70646-2B21-11D7-8648000102C1865D
- Gesteira, J. G., & Dauvin, J. C. 2000. Amphipods are good bioindicators of the impact of oil spills on soft-bottom macrobenthic communities. *Marine Pollution Bulletin*, 40(11), 1017–1027. DOI: 10.1016/S0025-326X(00)00046-1
- Gray, J. P., & Pearson, T. H. 1982. Objective selectionas sensitive species indicative of pollution-induced change in benthic communities. I. Comparative methodology. *Marine Ecology Progress Series*, 9, 111–119.
- Gray, J. S., Clarke, K., Warwick, R., & Hobbs, G. 1990. Detection of initial effects of pollution on marine benthos: an example from the Ekofisk and Eldfisk oilfields, North Sea. *Marine Ecology Progress Series*, 66, 285–299. DOI: 10.3354/meps066285
- Hammer, Ø., Harper, D. A., & Ryan, P. D. 2020. PAST: Paleontological statistics software package for education and data analysis. *Palaeontologia electronica*, 4(1), 9.
- Jumars, P. A., Dorgan, K. M., & Lindsay, S. M. 2015. Diet of worms emended: an update of polychaete feeding guilds. *Annual Review of Marine Science*, 7, 497–520. DOI:10.1146/annurevmarine-010814-020007
- Klumb-Oliveira, L. A., & Souto, R. D. 2015. Gerenciamento costeiro integrado no Brasil: análise do Plano Nacional de Gerenciamento Costeiro e de instrumentos selecionados com base em parâmetros internacionais. *Revista de Gestão Costeira Integrada*, 15(3), 311–323. DOI: 10.5894/rgci531
- Machado, P. M., Suciú, M. C., Costa, L. L., Tavares, D. C., & Zalmon, I. R. 2017. Tourism impacts on benthic communities of sandy beaches. *Marine Ecology*, 38(4), e12440. DOI: 10.1111/maec.12440
- Maia, L. P., Freire, G. S. S., Morais, J. O., Rodrigues, A. C. B., Pessoa, P. R., & Magalhães, S. H. O. 2001. Dynamics of coastal dunes at Ceará state, Northeastern Brazil: Dimensions and migration rate. *Arquivos de Ciências do Mar*. 34, 11–22. DOI: 10.32360/acmar.v34i1-2.11647
- Mangion, M., Borg, J. A., Schembri, P. J., & Sanchez-Jerez, P. 2017. Assessment of benthic biological indicators for evaluating the environmental impact of tuna farming. *Aquaculture Research*, 48(12), 5797–5811. DOI: 10.1111/are.13403
- Maranhão. 2020. Balneabilidade. Secretaria Estadual de Meio Ambiente do Maranhão. 2020. Retrieved on December 28th, 2020, from <https://www.sema.ma.gov.br/legislacao/?tp=6&pchave=&envio=1>.
- Masullo, Y. A. G. 2016. Evolução do processo de

- urbanização e alterações ambientais na praia de São Marcos, São Luís-MA. *Revista Espaço e Geografia*, 19(2), 561–595.
- Obraczka, M., Beyeler, M., Magrini, A., & Legey, L. F. 2017. Analysis of coastal environmental management practices in subregions of California and Brazil. *Journal of Coastal Research*, 33(6), 1315–1332. DOI: 10.2112/JCOASTRES-D-15-00239.1
- Oliveira, M. R. L. D., & Nicolodi, J. L. 2012. A Gestão Costeira no Brasil e os dez anos do Projeto Orla: Uma análise sob a ótica do poder público. *Revista de Gestão Costeira Integrada*, 12(1), 89–98.
- Omena, E. P., & Amaral, A. C. Z. 1997. Distribuição espacial de Polychaeta (Annelida) em diferentes ambientes entremarés de praias de São Sebastião (SP). In: R. S. Absalão & A. M. Esteves (Eds.), *Ecologia de praias arenosas do litoral brasileiro*. pp. 183–196. *Oecologia brasiliensis*.
- Pearson, T. H., & Rosenberg, R. 1978. Macrobenthic succession in relation to organic enrichment and pollution of the marine environment. *Oceanography and Marine Biology: An Annual Review*, 16, 229–331.
- Pettibone, M. H. 1971. Revision of species referred to *Leptonereis*, *Nicon*, and *Laeonereis* (Polychaeta: Nereididae). *Smithsonian Contributions to Zoology*, Washington, 104, 1–53.
- Queirós, A. M., Birchenough, S. N. R., Bremner, J., Godbold, J. A., Parker, R. E., Romero-Ramirez, A., Reiss, H., Solan, M., Somerfield, P. J., Van Colen, C., Van Hoey, G., Widdicombe, S. 2013. A bioturbation classification of European marine infaunal invertebrates. *Ecology and Evolution*, 3, 3958–3985. DOI: 10.1002/ece3.769
- Rainer, S. F., & Fitzhardinge, R. 1981. Benthic communities in an estuary with periodic degeneration. *Australian Journal of Marine and Freshwater Research*, 32, 227–243.
- Raz-Guzmán, A. 2000. Crustáceos y Poliquetos. In: G. Lanza Espino, S. Hernández Pulido & L. Carbajal-Pérez (Eds.). *Organismos indicadores de la calidad del agua y de la contaminación: (Bioindicadores)*, pp. 265–308. México: Editorial Plaza y Valdés.
- Reish, D. J. 1986. Benthic invertebrates as indicators of marine pollution: years of study. *Marine Ecology Progress Series*, Oldendorf, 63(2), 163–175.
- Reyes-Martínez, M. J., Ruíz-Delgado, M. C., Sánchez-Moyano, J. E., & García-García, F. J. 2015. Response of intertidal sandy-beach macrofauna to human trampling: An urban vs. natural beach system approach. *Marine Environmental Research*, 103, 36–45. DOI: 10.1016/j.marenvres.2014.11.005
- Rios, L. 2001. *Estudos de Geografia do Maranhão*. 3th ed. São Luís: Editora Graphis.
- Rocha, M., Silva, E., & Riascos, N. 2013. Avaliação da influência da oxigenação e da qualidade do sedimento sobre a sobrevivência de *Scolecopsis chilensis* (Spionidae: Polychaeta) da Baía de Guanabara, Rio de Janeiro. *Biotemas*, 26(4), 85–92. DOI: 10.5007/2175-7925.2013v26n4p85
- Rodil, I. F., Compton, T. J., & Lastra, M. 2014. Variação geográfica na comunidade de macrofauna de praia arenosa e características funcionais. *Ciências Estuarinas, Costeiras e de Prateleiras*, 150, 102–110. DOI: 10.1016/j.ecss.2013.06.019
- Rodrigues, J. B., da Silva Alves, B., de Sousa Moraes, M. F., & dos Santos Silva, N. 2020. Constatação do lançamento irregular de efluentes sanitários e resíduos sólidos na praia Ponta D'Areia, São Luís/MA. *Engineering Sciences*, 8(2), 68–74. DOI: 10.6008/CBPC2318-3055.2020.002.0007
- Rosenberg, R., & Loo, L.-O. 1988. Marine eutrophication induced oxygen deficiency: Effects on soft bottom Fauna, Western Sweden. *Opheli*, 29, 213–225. DOI: 10.1080/00785326.1988.10430830.
- Rosenberg, R., Loo, L.-O., & Moller, P. 1992. Hypoxia, salinity and temperature as structuring factors for marine benthic communities in an eutrophic area. *Netherlands Journal of Sea Research*, 30, 121–129. DOI: 10.1016/0077-7579(92)90051-F
- Santos, I. R., Friedrich, A. C., Wallner-Kersanach, M., & Fillmann, G. 2005. Influence of socioeconomic characteristics of beach users on litter generation. *Ocean & Coastal Management*, 48, 742–752. DOI: 10.1016/j.ocecoaman.2005.08.006
- Santos, A. S. D., de Araújo Costa, D., & Christoffersen, M. L. (2009). First record of *Scolecopsis* (*Scolecopsis*) *lighti* along the Brazilian coast. *Marine Biodiversity Records*, 2(1). DOI: 10.1017/S1755267208000183
- Santos, M., & Ferreira, C. 2019. Influência de variáveis ambientais na macrofauna bentônica

- de praias arenosas. *Ciência e Natura*, 41, e5. DOI: 10.5902/2179460X34849
- São Paulo. Critérios para classificação das praias. Companhia Ambiental do Estado de São Paulo. Retrieved on December 28th, 2020, from <https://cetesb.sp.gov.br/praias/criterios-para-classificacao-das-praias/>
- Scherer, M. 2013. Gestão de praias no Brasil: subsídios para uma reflexão. *Revista de Gestão Costeira Integrada*, 13(1), 3–13. DOI: 10.5894/rgci358
- Schratzberger, M., & Ingels, J. 2018. Meiofauna matters: the roles of meiofauna in benthic ecosystems. *Journal of Experimental Marine Biology and Ecology*, 502, 12–25. DOI: 10.1016/j.jembe.2017.01.007
- Seixas, C. S. Davidson-Hunt, I., Kalikoski, D. C., Davy, B., Berkes, F., de Castro, F., Medeiros, R. P., Mente-Vera, C. V. & Araujo, L. G. 2019. Collaborative coastal management in Brazil: Advancements, challenges, and opportunities. In: S. Salas, J. Barragán-Paladines, R. Chuenpagdee (Eds.). *Viability and sustainability of small-scale fisheries in Latin America and the Caribbean*. pp. 425–451. Springer, Cham.
- Serra, J. S., & Farias Filho, M. S. 2019. Expansão urbana e impactos ambientais na zona costeira norte do município de São Luís (MA). *Raega – O Espaço Geográfico em Análise*, 46(1), 7–24. DOI: 10.5380/raega.v46i1.52552
- Silva, V. C., Nascimento, A. R., Mourão, A. P. C., Neto, S. V. C., & Costa, F. N. 2008. Contaminação por *Enterococcus* da água das praias do município de São Luís, Estado do Maranhão. *Acta Scientiarum. Technology*, 30(2), 187–192.
- Silva, I. R., Pereira, L. C. C., de O. Guimarães, D., Trindade, W. N., Asp, N., & Costa, R. D. 2009. Environmental status of urban beaches in São Luís (Amazon coast, Brazil). *Journal of Coastal Research*, 1301–1305.
- Silva, I. R., Pereira, L. C. C., Trindade, W. N., Magalhães, A., & da Costa, R. M. 2013. Natural and anthropogenic processes on the recreational activities in urban Amazon beaches. *Ocean & Coastal Management*, 76, 75–84. DOI: 10.1016/j.ocecoaman.2012.12.016
- Silva Reis, N. S., & Santos, P. V. C. J. 2020. Caracterização das condições de manutenção e dos usos da zona costeira do Município de São Luís (MA): A educação Ambiental como alternativa de amenização de impactos. *Revista Brasileira De Educação Ambiental (RevBEA)*, 15(5), 333–344. DOI: 10.34024/revbea.2020.v15.9950
- Suguio, K. 1973. *Introdução à Sedimentologia*. Edgard Blücher, EDUSP. São Paulo, p. 318.
- Tavares-Cutrim, A. S., Sousa, L. K. S., Ribeiro, R. P., Oliveira, V. M., & Almeida, Z. S. 2018. Structure of a polychaete community in a mangrove in the northern coast of Brazil. *Acta Biológica Colombiana*, 23(3), 286–294. DOI: 10.15446/abc.v23n3.67245
- Trindade, W. N., Pereira, L. C. C., de O. Guimarães, D., da Silva, I. R., & da Costa, R. M. 2011. The effects of sewage discharge on the water quality of the beaches of São Luís (Maranhão, Brazil). *Journal of Coastal Research*, 1425–1429.
- Uebelacker, J.M., & Johnson, P. G. 1984. *Taxonomic guide to the polychaetes of the northern Gulf of Mexico*. Louisiana: Minerals Management Service, U.S Department of Interior, v.1-7.
- Viana, M. G., Rocha-Barreira, C. A., & Hijo, C. G. 2005. Macrofauna bentônica da faixa entremarés e zona de arrebentação da praia de Paracuru (Ceará-Brasil). *Brazilian Journal of Aquatic Science and Technology*, 9(1), 75–82.
- Veloso, V. G., Cardoso, R. S., & Fonseca, D. B. 1997. Adaptações e biologia da macrofauna de praias arenosas expostas com ênfase nas espécies da região entre-marés do litoral fluminense. *Oecologia Brasiliensis*, 3, 135–154.
- Veloso, V. G., Neves, G., Lozano, M., Perez-Hurtado, A., Gago, C. G., Hortas, F., & Garcia Garcia, F. 2008. Responses of talitrid amphipods to a gradient of recreational pressure caused by beach urbanization. *Marine Ecology*, 29, 126–133. DOI: 10.1111/j.1439-0485.2008.00222.x
- Vieira, J. V., Borzone, C. A., Lorenzi, L., & Carvalho, F. G. de. 2012. Human impact on the benthic macrofauna of two beach environments with different morphodynamic characteristics in southern Brazil. *Brazilian Journal of Oceanography*, 60(2), 135–148. DOI: 10.1590/S1679-87592012000200004
- Walkley A., & Black, J. A. 1934. An examination of the Degtjareff method for determining soil organic matter, and proposed modification of the chromic acid titration method. *Soil Science*, 37(1), 29–38.

- Wentworth, C.K. 1922. A scale of grade and class terms for clastic sediments. *Journal of Geology* 30, 377–392.
- Yong, A. Y. P., & Lim, S. S. L. 2009. The potential of *Ocypode ceratophthalmus* (Pallas, 1772) as a bioindicator of human disturbance on Singapore beaches. *Crustaceana*, 82(12), 1579–1597. DOI: 10.1163/001121609X12530988607470
- Zalmon, I. R., Macedo, I. M., Rezende, C. E., Falcão, A. P. C., & Almeida, T. C. 2013. The distribution of macrofauna on the inner continental shelf of southeastern Brazil: The major influence of an estuarine system. *Estuarine, Coastal and Shelf Science*, 130, 169–178. DOI: 10.1016/j.ecss.2013.03.001

Submitted: 28 April 2020

Accepted: 21 August 2021

Published on line: 08 September 2021

Associate Editor: Renato Martins